

Linda L. Helms

Of Counsel

The Knollwood
380 Knollwood Street
Suite 530
Winston-Salem, NC 27103

T 336.774.3323
F 336.774.3299

linda.helms@nelsonmullins.com



Linda practices with the litigation group and focuses on professional liability and litigation, particularly in the healthcare industry.

Experience

The following is a selected sampling of matters and is provided for informational purposes only. Past success does not indicate the likelihood of success in any future matter.

- Co-led trial team in defense of gynecologist in wrongful death claim involving a complication following an endometrial ablation procedure. After years of ongoing litigation and a two-week trial, a verdict was returned in favor of the defendant and finding no negligence.
- Co-led trial team in defense of gynecologist in wrongful death claim involving a complication following a hysterectomy. At the conclusion of trial, a verdict was returned by the jury in favor of the defendant and finding no negligence.
- Co-led trial team that obtained a defense verdict for a vascular surgeon in a medical malpractice case involving complications from placement of a stent for dialysis access.
- Led trial team in defense of two obstetricians and their practice against a medical malpractice claim brought on behalf of an infant who sustained a brachial plexus injury following a delivery complicated by shoulder dystocia in 2008. At the conclusion of the trial, a verdict was returned in favor of defendants, finding no negligence.
- Co-led a team that obtained a defense verdict for a local obstetrician in a protracted medical malpractice case involving a baby born with cerebral palsy, allegedly related to intrapartum birth asphyxia with resulting hypoxic ischemic encephalopathy. The four-week trial, involving numerous medical experts in various specialties, and in which damages in excess of \$10 million were sought, concluded after a two-hour jury deliberation resulted in a finding of no negligence as to all defendants.
- Co-led trial team in defense of an obstetrician and his clinic against a medical malpractice claim brought on behalf of an infant born with cerebral palsy following a protracted labor.

Education

Wake Forest University School of Law,
JD, cum laude (1992)

- Order of Barristers
- Member, Moot Court Board and National Moot Court Team
- Research Editor, *Wake Forest Law Review*

High Point University, BA, summa cum laude (1989)

Admissions

North Carolina

Supreme Court of the United States

U.S. Court of Appeals for the Fourth Circuit

U.S. District Court for the Eastern District of North Carolina

U.S. District Court for the Middle District of North Carolina

U.S. District Court for the Western District of North Carolina

Practice Areas

[Professional Liability](#)

[Commercial Litigation & Business Torts](#)

[Healthcare](#)

Plaintiffs' counsel made a plea for unspecified damages in excess of \$7 million. Following a six-week jury trial, a verdict was returned in favor of defendants.

Recognitions

The bar rules of some states require that the standards for an attorney's inclusion in certain public accolades or recognitions be provided. When such accolades or recognitions are listed, a hyperlink is provided that leads to a description of the respective selection methodology.

- [The Best Lawyers in America®](#), Lawyer of the Year, Winston-Salem, NC, Medical Malpractice Law – Defendants (2026)
- [The Best Lawyers in America®](#), Medical Malpractice Law – Defendants (2013–2026)
- [Martindale-Hubbell AV® Preeminent™ Peer Review Rated](#)
- Top Lawyers of Charlotte, Business Leader Magazine (2008)

Professional Activities

- Forsyth County Bar Association
- North Carolina Bar Association
- North Carolina Association of Defense Attorneys

Industries

[Insurance](#)