

# Cara N. Ludwig

Partner

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Cara is an experienced healthcare transactional attorney known for her results-oriented approach and emphasis on helping clients achieve their ultimate goals. With over a decade of experience, Cara has become a trusted advisor to many healthcare entities and individual providers in matters ranging from day-to-day operational compliance to multi-party transactions. Her no-nonsense approach guides clients through the practical aspects of mergers, acquisitions, and other contractual arrangements, as well as HIPAA, Stark law, and Anti-Kickback Statute compliance. In addition, Cara has worked with hospitals in addressing a broad range of issues relating to hospital and medical staff bylaws and policies, practitioner credentialing, privileging, and peer review matters.

## Recognitions

The bar rules of some states require that the standards for an attorney's inclusion in certain public accolades or recognitions be provided. When such accolades or recognitions are listed, a hyperlink is provided that leads to a description of the respective selection methodology.

- [The Best Lawyers in America® Ones to Watch](#)
  - Health Care Law (2023–2026)
  - Mergers and Acquisitions Law (2026)
- [N.C. Bar Association Young Lawyers Division Writing Competition winner](#)(2021)

## Professional Activities

- American Health Law Association
- North Carolina State Bar
- North Carolina Bar Association
- North Carolina Society of Healthcare Attorneys
- Wake County Bar Association
- West Virginia State Bar

## Education

Washington and Lee University School of Law, JD (2013)

Wellesley College, BA (2010)

## Admissions

North Carolina

West Virginia

## Practice Areas

[Healthcare Regulatory, Compliance & Operations](#)

[Healthcare Providers & Suppliers](#)

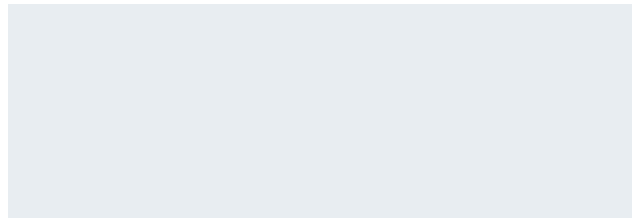
[Healthcare Transactions](#)

[Mergers & Acquisitions](#)

[Non-Profit Organizations](#)

## Community

- Guardian Ad Litem volunteer for abused and neglected children (2013 – present)
- Member, The Gathering Community Church (2017 – present)



## Articles & Speeches

### Insights

[Who gives a shot: An overview of the CMS vaccination mandate](#), *Compliance Today* - May 2022- Co-Author (May 2, 2022)

### Events/Speaking Engagements

Financial Transactions Basics for Health Care Providers , *West Virginia Healthcare Financial Management Association*- Co-Presenter (September 2016)

Corporate Compliance Roles, Responsibilities and Investigations , *West Virginia Healthcare Financial Management Association*- Co-Presenter (September 2016)

Preparing a Credentialing File for Litigation , *West Virginia Association of Medical Staff Services*- Co-Presenter (April 2016)

Effective Peer Review from a Risk Management Perspective , *West Virginia Society of Healthcare Risk Managers*- Co-Presenter (May 2015)

### Blogs

[How New DOL Salary Rules Could Impact Healthcare Employers](#), NM Talks Healthcare Podcast - Speaker (August 29, 2024)

[Healthcare Employers: Don't Miss New Employee Classification Requirements](#), Healthcare Essentials - Co-Author (January 23, 2024)

[CMS Issues Interim Rule in Response to State Medicaid Disenrollment Trend](#), Healthcare Essentials - Co-Author (December 11, 2023)

[OIG Issues Unfavorable Opinion About Bundling Free Items with Reimbursable Services](#), Healthcare Essentials - Co-Author (November 7, 2023)

[North Carolina State Plan Approved to Expand Medicaid Coverage](#), Healthcare Essentials - Co-Author (October 16, 2023)

[Medicaid Expansion in North Carolina](#), Healthcare Essentials - Co-Author (September 26, 2023)

[The Rural Healthcare Initiative: Securing the Future of Healthcare in Rural America](#), NM Talks Healthcare Podcast - Speaker (August 23, 2023)

[Employee Classification in the Healthcare Industry: W2 Employee or Independent Contractor and Why it Matters](#), NM Talks Healthcare Podcast - Speaker (June 29, 2023)

[New FDA Draft Guidance Updates Recommendations for Good Clinical Practices](#), Healthcare Essentials - Co-Author (June 12, 2023)

[CMS Releases New REH Conversion Guidance](#), Healthcare Essentials - Co-Author (February 9, 2023)

[Vaccine Hesitancy and the Growing Divide](#), Healthcare Essentials - Co-Author (May 6, 2022)

[Supreme Court Stays One Vaccine Mandate, Permits Another](#), Healthcare Essentials - Co-Author (January 13, 2022)

[North Carolina COVID-19 Vaccine Update](#), Healthcare Essentials - Co-Author (Updated March 30, 2021)

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[North Carolina's Executive Order 130 Designed to Meet Health and Human Services Needs during COVID-19 Emergency](#), Healthcare Essentials - Co-Author (April 14, 2020)

[Weathering The Storm: How COVID-19 Is Impacting Rural Hospitals](#), Healthcare Essentials - Co-Author (April 6, 2020)